

TEAM JET

Track Clinic

**AFTER-SCHOOL
ALL-STARS
LOS ANGELES**

February 23rd, 2014 / 9AM-2PM

Join **Carmelita Jeter** and fellow Olympians **Jason Richardson** and **David Neville**

Register online for the TEAMJET Track Clinic for ages 8-18 years old. The camp costs \$100 will take place between 9AM-2PM on February 23rd, 2014 at West Los Angeles College.

Camper receives:

- Autograph from The Jet
- Team Jet T-shirt
- Lunch included

Camp will focus on:

- Sprint Technique
- Hurdle Technique
- Plyometric Exercises
- Nutrition
- Stretches



carmelitajeter.com/clinic