



USATF Southern California Association
2014 8 km Championships
USA Masters 8 km Championships, Brea CA
February 23, 2014

Overall Masters Winners

Julie Ertel	Irvine	29:31	F - 41
Christian Cushing-Murray	Santa Ana	25:26	M – 46

Division Awards

Chip	Gun	First	Last	Sex	Place	Age	City	Club
0:29:31	29:31	Julie	Ertel	F	1	41	Irvine	A Snail's Pace Running Club
0:30:06	30:06	Nathalie	Higley	F	2	44	Redondo Beach	Club Ed Running
0:30:44	30:45	Ingrid	Walters	F	3	42	Santa Monica	The Janes Elite Racing
0:33:05	33:09	Heather	Huggins	F	4	40	Monrovia	A Snail's Pace Running Club
0:36:21	36:25	Julesha	Jones	F	5	40	Chino Hills	
0:38:29	38:31	Arlene	Chen	F	6	41	Cerritos	
0:43:32	43:38	Tori	Newmark	F	7	44	Pacific Palisades	Track Club L.A.
0:29:38	29:42	Cindy	Abrami	F	1	45	Santa Barbara	Santa Barbara Running and Racing

0:30:29	30:31	Kirsten	Leetch	F	2	48	Redondo Beach	The Janes Elite Racing
0:31:39	31:42	Sherri	Ellerby	F	3	49	Orange	A Snail's Pace Running Club
0:31:40	31:43	Tami	Shalvarjian	F	4	49	Manhattan Beach	Club Ed Running
0:34:27	34:31	Tatjana	Trout	F	5	46	Foothill Ranch	
0:36:43	36:47	Karina	Bird	F	6	47	Redondo Beach	Club Ed Running
0:38:09	38:13	Wenise	Wong	F	7	45	Los Angeles	Track Club L.A.
0:41:13	41:19	Elizabeth	Poppert	F	8	49	Santa Monica	Track Club L.A.
0:31:07	31:07	Kelle	Taylor	F	1	50	Los Angeles	The Janes Elite Racing
0:31:29	31:31	Debbie	Richardson	F	2	51	Palos Verdes Estates	Club Ed Running
0:31:51	31:53	Sue	Davis	F	3	51	Costa Mesa	A Snail's Pace Running Club
0:32:35	32:39	Kathleen	Phair	F	4	53	Seal Beach	Team Runners High
0:32:43	32:44	Sue	Zihlmann	F	5	50	Long Beach	A Snail's Pace Running Club
0:32:54	33:01	Louise	Davis	F	6	53	Irvine	Cal Coast Track Club
0:33:22	33:23	Rosalva	Bonilla	F	7	51	Big Bear City	So Cal Track Club
0:34:44	35:08	Rikako	Takei	F	8	51	Santa Monica	Track Club L.A.
0:36:18	36:22	Teri	Malinowski	F	9	51	Santa Barbara	Santa Barbara Running and Racing
0:36:42	36:42	Kathleen	Kurrle	F	10	50	Irvine	Cal Coast Track Club
0:36:49	36:53	Denise	Bacher	F	11	51	Brea	A Snail's Pace Running Club
0:39:15	39:21	Meganne	Kanatani	F	12	51	Glendale	Track Club L.A.
0:39:27	39:32	Laura	Dreskin	F	13	51	Los Angeles	Track Club L.A.
0:41:58	42:02	Lucy	Salazar	F	14	53	La Habra	A Snail's Pace Running Club
0:33:28	33:29	Debbie	Lee	F	1	57	Trabuco Canyon	So Cal Track Club
0:34:00	34:03	Suzanne	Morris	F	2	56	Long Beach	Team Runners High
0:34:38	34:42	Elizabeth	Sponagle	F	3	59	Laguna Niguel	A Snail's Pace Running Club
0:36:28	36:31	Yayoi	Liu	F	4	56	Irvine	Cal Coast Track Club
0:36:53	36:56	Linda	Hodgson	F	5	59	San Dimas	Cal Coast Track Club

0:37:48	37:52	Madson	Buchbinder	F	6	59	Long Beach	Team Runners High
0:38:13	38:17	Laura	Sohaskey	F	7	55	Long Beach	Team Runners High
0:40:12	40:15	Julia	Fretschl	F	8	55	Hermosa Beach	Club Ed Running
0:42:51	42:54	Marian	Drahnak	F	9	57	Hermosa Beach	Club Ed Running
0:46:01	46:06	Kathy	Green	F	10	55	Long Beach	Team Runners High
0:48:53	48:59	Sue	Laub	F	11	56	Azusa	Cal Coast Track Club
0:38:14	38:18	Kathi	Guiney	F	1	60	Rancho Santa Marg	
0:39:08	39:08	Sharon	Lotesto	F	2	63	Torrance	Club Ed Running
0:46:15	46:20	Dona	Mcbride	F	3	63	Long Beach	Team Runners High
0:47:53	47:57	Monyean	Acuna	F	1	65	Hermosa Beach	Club Ed Running
0:40:15	40:19	Norma	Thomas	F	1	71	Moreno Valley	
0:26:04	26:05	John	Gardiner	M	1	41	Rancho Santa Margari	Cal Coast Track Club
0:26:40	26:40	Tony	Torres	M	2	44	Cedar Glen	Cal Coast Track Club
0:27:09	27:09	Jonathan	Stiles	M	3	42	Big Bear Lake	Cal Coast Track Club
0:27:14	27:15	Mark	Steyvers	M	4	43	Irvine	Cal Coast Track Club
0:27:39	27:43	Roberto	Chavez	M	5	41	Montebello	A Snail's Pace Running Club
0:27:51	27:51	Gilbert	Salazar	M	6	41	La Habra	A Snail's Pace Running Club
0:27:54	27:56	Oscar	Lemus	M	7	41	Victorville	Cal Coast Track Club
0:28:00	28:00	Gray	Mavhera	M	8	44	Moreno Valley	
0:28:00	28:00	Gray	Mavhera	M	9	44	Moreno Valley	Cal Coast Track Club
0:28:20	28:23	Casey	Van Maanen	M	10	40	Los Angeles	Cal Coast Track Club
0:30:53	30:57	Nyron	Bernard	M	11	40	Los Angeles	Track Club L.A.
0:31:38	31:41	Christopher	Goddard	M	12	44	San Dimas	Cal Coast Track Club
0:33:44	33:48	Wansun	Song	M	13	40	Los Angeles	Track Club L.A.
0:35:46	35:48	Miguel	Villegas	M	14	40	Irvine	Cal Coast Track Club
0:38:50	38:52	Joe	Burwell	M	15	44	Downey	Cal Coast Track Club

0:25:26	25:26	Christian	Cushing-Murray	M	1	46	Santa Ana	Cal Coast Track Club
0:26:34	26:35	Robert	Arsenault	M	2	48	Riverside	Cal Coast Track Club
0:27:07	27:08	Jerome	Vermeulen	M	3	47	Simi Valey	Cal Coast Track Club
0:27:15	27:17	Gregory	Keyes	M	4	46	Newport Beach	Cal Coast Track Club
0:27:24	27:25	Darryl	Jewell	M	5	45	Fort Irwin	Cal Coast Track Club
0:27:28	27:30	James	Koneazny	M	6	46	Pasadena	
0:27:33	27:34	David	Schumacher	M	7	45	Huntington Beach	Cal Coast Track Club
0:27:41	27:41	Jonathan	May	M	8	45	Newport Beach	Cal Coast Track Club
0:28:00	28:01	Everardo	Silva	M	9	48	Tujunga	Cal Coast Track Club
0:28:19	28:19	Kevin	Barda	M	10	46	Victorville	Cal Coast Track Club
0:28:57	28:59	Michael	Buckhoff	M	11	48	Oak Hills	Cal Coast Track Club
0:30:27	30:28	John	Moss	M	12	45	Sierra Madre	Cal Coast Track Club
0:30:30	30:33	Michael	Connors	M	13	46	San Clemente	A Snail's Pace Running Club
0:30:42	30:49	Daniel	Deuel	M	14	45	Newport Beach	Cal Coast Track Club
0:30:45	30:48	Vincent	Lowder	M	15	47	Tustin	A Snail's Pace Running Club
0:30:58	31:02	Jose	Vara	M	16	48	Montebello	
0:31:31	31:33	Gregg	Hemphill	M	17	45	Ladera Ranch	Cal Coast Track Club
0:32:09	32:11	Richard	Graves	M	18	48	Long Beach	
0:33:40	33:45	Armando	Ramirez	M	19	48	Los Angeles	
0:34:04	34:08	Brian	Panosian	M	20	48	Pacific Palisades	Track Club L.A.
0:34:20	34:21	Tim	Hickok	M	21	48	Huntington Beach	Team Runners High
0:35:42	35:47	Dennis	Ryan	M	22	48	Long Beach	Cal Coast Track Club
0:26:47	26:47	Jeff	Ambos	M	1	52	Riverside	Cal Coast Track Club
0:27:06	27:06	Kevin	Broady	M	2	52	Brea	Cal Coast Track Club
0:28:09	28:10	Ray	Knerr	M	3	53	Ventura	Cal Coast Track Club
0:28:48	28:51	Paul	Van Zuyle	M	4	52	Westlake Village	So Cal Track Club
0:29:32	29:33	Tyrus	Deminter	M	5	50	Stevenson Ranch	

0:29:36	29:38	Mark	Donaldson	M	6	50	Trabuco Canyon	A Snail's Pace Running Club
0:29:38	29:41	Rich	Gust	M	7	54	Hermosa Beach	Club Ed Running
0:29:45	29:47	John	Courtney	M	8	51	Hermosa Beach	Club Ed Running
0:29:51	29:52	Christopher	Jaggers	M	9	53	Yorba Linda	A Snail's Pace Running Club
0:30:03	30:04	Dan	Arsenault	M	10	51	Santa Ana	Cal Coast Track Club
0:30:06	30:09	Bill	Macleod	M	11	53	Rolling Hilss Estate	Club Ed Running
0:30:20	30:27	Willis	Longyear	M	12	50	Manhattan Beach	Club Ed Running
0:30:28	30:34	Kevin	Farrington	M	13	52	Playa Del Rey	Club Ed Running
0:31:26	31:32	John	Abrami	M	14	53	Sana Barbara	Santa Barbara Running and Racing
0:31:37	31:39	Kevin	Sullivan	M	15	51	Redondo Beach	Club Ed Running
0:31:56	31:58	David	Schiller	M	16	52	Irvine	A Snail's Pace Running Club
0:32:15	32:17	Ronald	Castillo	M	17	52	Chino Hills	
0:32:41	32:44	Mike	Dietz	M	18	50	Laguna Niguel	A Snail's Pace Running Club
0:33:53	33:53	Ford	Fujii	M	19	53	Irvine	Cal Coast Track Club
0:34:05	34:06	Tom	Vincent	M	20	51	Newport Beach	Cal Coast Track Club
0:34:42	34:46	Jim	Torii	M	21	54	Gardena	Club Ed Running
0:35:01	35:03	Arnold	De Leon	M	22	51	Sun Valley	So Cal Track Club
0:36:07	36:11	Jesse	Ricke	M	23	53	Fullerton	A Snail's Pace Running Club
0:39:58	40:05	Scott	Allen	M	24	53	Santa Monica	Track Club L.A.
0:27:53	27:54	John	Loftus	M	1	56	Laguna Beach	Run Your Potential
0:29:30	29:32	Keith	Witthauer	M	2	58	Apple Valley	Cal Coast Track Club
0:29:41	29:42	Brian	Nelson	M	3	56	Bakersfield	So Cal Track Club
0:30:25	30:25	Richard	Burns	M	4	59	Canyon Country	Cal Coast Track Club
0:31:24	31:26	Charles	Kaminski	M	5	58	Manhattan Beach	Club Ed Running
0:32:22	32:22	Leon	Laub	M	6	57	Azusa	Cal Coast Track Club
0:32:53	33:01	Craig	Williams	M	7	55	Newport Beach	Cal Coast Track Club

0:33:34	33:42	Thomas	Albright	M	8	58	Tustin	Cal Coast Track Club
0:35:11	35:15	Michael	Salzman	M	9	57	Irvine	Cal Coast Track Club
0:35:12	35:13	Dennis	Donahue	M	10	58	Redondo Beach	
0:35:23	35:27	Jose	Son	M	11	59	Van Nuys	
0:35:32	35:32	Michael	Schwartz	M	12	55	Lake Forest	A Snail's Pace Running Club
0:37:28	37:31	Peter	Glassman	M	13	56	Los Angeles	Track Club L.A.
0:38:54	39:01	James	Sterling	M	14	58	Manhattan Beach	Track Club L.A.
0:42:24	42:30	Michael	Berger	M	15	56	Los Angeles	Track Club L.A.
0:29:44	29:46	Ignacio	Jimenez	M	1	64	Goleta	Santa Barbara Running and Racing
0:29:56	29:56	Dale	Campbell	M	2	60	Huntington Beach	Cal Coast Track Club
0:32:25	32:27	Patrick	Copps	M	3	60	Costa Mesa	A Snail's Pace Running Club
0:32:35	32:35	Jeff	Salzman	M	4	62	Irvine	Cal Coast Track Club
0:33:14	33:18	Perry	Forrester	M	5	61	Topanga	So Cal Track Club
0:33:25	33:27	Steven	Owen	M	6	62	Lake Forest	A Snail's Pace Running Club
0:33:26	33:28	Bob	Morris	M	7	61	Laguna Niguel	A Snail's Pace Running Club
0:34:12	34:15	Barry	Witler	M	8	63	La Crescenta	
0:36:30	36:32	Bert	Sandoval	M	9	63	Covina	Cal Coast Track Club
0:36:32	36:37	Arthur	Cookson	M	10	61	Redondo Beach	Club Ed Running
0:37:03	37:09	David	West	M	11	61	Beverly Hills	So Cal Track Club
0:43:01	43:04	Paul	Cook	M	12	61	Orange	A Snail's Pace Running Club
0:32:23	32:28	Gary	Patton	M	1	68	Rock Rapids	So Cal Track Club
0:34:07	34:13	William	Sumner	M	2	66	Irvine	Cal Coast Track Club
0:35:50	35:54	Marty	Friedman	M	1	67	Manhattan Beach	Club Ed Running
0:36:14	36:20	Kent	Howard	M	2	65	Carlsbad	So Cal Track Club
0:37:01	37:05	Joe	Ogata	M	3	65	Pacoima	
0:42:15	42:21	William	Theriault	M	4	69	Laguna Hills	So Cal Track Club
0:37:41	37:41	Byron	Melendy	M	1	72	La Crescenta	

0:38:47	38:54	Joe	Razo	M	1	75	Alhambra	Gritty City Track Club
0:41:41	41:44	William	Thompson	M	2	77	Los Angeles	
0:41:47	41:50	John	Brennand	M	3	78	Santa Barabara	Santa Barbara Athletic Assn.
0:46:00	46:06	Allen	Warren	M	1	81	Newport Beach	Cal Coast Track Club
1:00:59	1:00:59	Al	Ray	M	2	81	Diamond Bar	Cal Coast Track Club