



**USATF Southern California Association
2012 10 km Championships
Redondo Beach Superbowl Sunday 10K
February 5, 2012**

Overall Open Winners

Mary Akor	Hawthorne	34:16	F - 35
Luis Ibarra	Montebello	30:59	M – 31

Overall Masters Winners

Nathalie Higley	Redondo Beach	36:58	F - 42
Ken Ernst	Mission Viejo	33:24	M – 50

Division Awards

First	Last	City	Sex	Age	Time	Age Group	Time	Place	Club Name
Kelsey	Withers	Tustin	Female	11	00:55:09.149	F11-12	00:55:09.149	1	Equalizers Track Club
Kailyn	Withers	Tustin	Female	13	00:55:56.86	F14UND	00:55:56.86	1	Equalizers Track Club

Kim	Ramirez	Carson	Female	29	00:38:34.5	F25-29	00:38:34.5	1	The Janes Elite Racing
Sarah	Montez	Canoga Park	Female	26	00:41:04.809	F25-29	00:41:04.809	2	The Janes Elite Racing
Rachel	Ragona	Manhattan Beach	Female	28	00:43:04.591	F25-29	00:43:04.591	3	Club Ed Running
Annie	Adams	Hermosa Beach	Female	25	00:43:16.92	F25-29	00:43:16.92	4	
Emily	Mitchell	Manhattan Beach	Female	33	00:39:04.22	F30-34	00:39:04.22	1	The Janes Elite Racing
Cambria	Wu	Torrance	Female	33	00:39:17.379	F30-34	00:39:17.379	2	The Janes Elite Racing
Jessica	Kozuki	Costa Mesa	Female	31	00:45:27.559	F30-34	00:45:27.559	3	Cal Coast Track Club
Jodi	Enomoto	Gardena	Female	31	00:51:24.87	F30-34	00:51:24.87	4	Club Ed Running
Mary	Akor	Hawthorne	Female	35	00:34:16.938	F35-39	00:34:16.938	1	adidas Legacy Run Racing
Erika	Aklufi	Los Angeles	Female	35	00:35:56.028	F35-39	00:35:56.028	2	The Janes Elite Racing
Jennifer	Withers	Tustin	Female	39	01:06:08.949	F35-39	01:06:08.949	3	
Nathalie	Higley	Redondo Beach	Female	42	00:36:58.66	F40-44	00:36:58.66	1	Club Ed Running
Ingrid	Walters	Santa Monica	Female	40	00:40:53.41	F40-44	00:40:53.41	2	The Janes Elite Racing
Amanda	Marks	Los Angeles	Female	43	00:41:01.65	F40-44	00:41:01.65	3	The Janes Elite Racing
Linda	Wirta	Newport Coast	Female	43	00:43:55.58	F40-44	00:43:55.58	4	Cal Coast Track Club
Mihaela	David	Palos Verdes Estates	Female	44	00:47:40.11	F40-44	00:47:40.11	5	Club Ed Running
Tania	Fischer	Santa Monica	Female	45	00:36:59.08	F45-49	00:36:59.08	1	The Janes Elite Racing
Alison	Atkinson	Manhattan Beach	Female	45	00:37:53.959	F45-49	00:37:53.959	2	Club Ed Running
Rosalva	Bonilla	Big Bear City	Female	49	00:40:32.62	F45-49	00:40:32.62	3	Cal Coast Track Club
Cecilia	St. Geme	Newport Beach	Female	48	00:42:41.239	F45-49	00:42:41.239	4	Cal Coast Track Club
Diane	Silva	Manhattan Beach	Female	48	00:43:28.12	F45-49	00:43:28.12	5	Club Ed Running
Karina	Bird	Redondo Beach	Female	45	00:46:12.87	F45-49	00:46:12.87	6	Club Ed Running
Julie	Hart	Irvine	Female	49	00:48:04.129	F45-49	00:48:04.129	7	Cal Coast Track Club
Sabina	Helton	Rancho Palos Verdes	Female	47	00:48:44.739	F45-49	00:48:44.739	8	Club Ed Running
Trish	Riley	Redondo Beach	Female	51	00:51:51.23	F50-54	00:51:51.23	1	Club Ed Running
Shawn	Trejo	Mission Viejo	Male	14	00:41:24.01	M14UND	00:41:24.01	1	Cal Coast Track Club

David	Guerra	Baldwin Park	Male	28	00:41:12.309	M25-29	00:41:12.309	1	
Andrew	Yurko	Redondo Beach	Male	28	00:56:55.61	M25-29	00:56:55.61	2	Club Ed Running
Luis	Ibarra	Montebello	Male	31	00:30:59.348	M30-34	00:30:59.348	1	Nike Team Run LA
Gabriel	Hernandez	Riverside	Male	32	00:32:10.68	M30-34	00:32:10.68	2	Cal Coast Track Club
Chris	DeWitt	Torrance	Male	32	00:36:17.879	M30-34	00:36:17.879	3	Club Ed Running
Jack	Rosenfeld	Los Angeles	Male	32	00:38:05.709	M30-34	00:38:05.709	4	
Casey	Fetzer	Corona Del Mar	Male	33	00:39:06.9	M30-34	00:39:06.9	5	Cal Coast Track Club
Jason	Zellen	Redondo Beach	Male	31	00:48:49.76	M30-34	00:48:49.76	6	Club Ed Running
Kevin	Purcell	Mar Vista	Male	36	00:33:45.919	M35-39	00:33:45.919	1	Fluffy Bunny Track Club
Humberto	Sanchez	Redondo Beach	Male	36	00:34:41.458	M35-39	00:34:41.458	2	Club Ed Running
Scott	Ayers	Pomona	Male	39	00:36:27.121	M35-39	00:36:27.121	3	
Aaron	Munger	Rolling Hills Estates	Male	36	00:37:12.019	M35-39	00:37:12.019	4	Club Ed Running
Dave	Withers	Tustin	Male	37	00:40:46.388	M35-39	00:40:46.388	5	
Paul	Cooney	Redondo Beach	Male	35	00:42:56.72	M35-39	00:42:56.72	6	Club Ed Running
Miguel	Villegas	Irvine	Male	38	00:45:04.75	M35-39	00:45:04.75	7	Gritty City Track Club
Rudy	Miramontes	Santa Ana	Male	35	00:46:53.65	M35-39	00:46:53.65	8	Cal Coast Track Club
Nicholas	Bowden	Los Angeles	Male	40	00:33:52.458	M40-44	00:33:52.458	1	Track Club L.A.
Dan	Deuel	Newport Beach	Male	43	00:38:14.79	M40-44	00:38:14.79	2	Cal Coast Track Club
Michael	Sudo	Costa Mesa	Male	44	00:41:21.01	M40-44	00:41:21.01	3	Track Club L.A.
Jon	Megeff	Rancho Palos Verdes	Male	48	00:34:11.95	M45-49	00:34:11.95	1	Club Ed Running
Jeffrey	Atkinson	Manhattan Beach	Male	48	00:34:54.278	M45-49	00:34:54.278	2	Club Ed Running
Mark	Shalvarjian	Manhattan Beach	Male	49	00:37:30.98	M45-49	00:37:30.98	3	Club Ed Running
Miguel	Magana	North Hollywood	Male	45	00:38:29.9	M45-49	00:38:29.9	4	
Curt	Hughes	Newport Beach	Male	46	00:38:33.43	M45-49	00:38:33.43	5	Cal Coast Track Club
Ken	Ernst	Mission Viejo	Male	50	00:33:24.25	M50-54	00:33:24.25	1	Compex Racing
David	Olds	Los Angeles	Male	50	00:34:51.11	M50-54	00:34:51.11	2	Fluffy Bunny Track Club
Oliver	Gallego	Arcadia	Male	50	00:37:36.489	M50-54	00:37:36.489	3	Elite Health Track Club

Rich	Gust	Hermosa Beach	Male	52	00:37:47.72	M50-54	00:37:47.72	4	Club Ed Running
Craig	Williams	Newport Beach	Male	53	00:40:53.669	M50-54	00:40:53.669	5	Cal Coast Track Club
David	Grethen	Hermosa Beach	Male	53	00:43:02.029	M50-54	00:43:02.029	6	Club Ed Running
Stephen	Terry	Los Angeles	Male	53	00:43:55.94	M50-54	00:43:55.94	7	Track Club L.A.
Ford	Fujii	Irvine	Male	51	00:44:28.121	M50-54	00:44:28.121	8	Cal Coast Track Club
Mark	Towns	Palos Verdes Estates	Male	51	00:44:33.47	M50-54	00:44:33.47	9	Club Ed Running
John	Poirier	Manhattan Beach	Male	51	01:01:51.949	M50-54	01:01:51.949	10	Club Ed Running
Perry	Forrester	Topanga	Male	59	00:38:51.529	M55-59	00:38:51.529	1	So Cal Track Club
Tom	Albright	Newport Beach	Male	56	00:41:37.12	M55-59	00:41:37.12	2	Cal Coast Track Club
William	Sumner	Irvine	Male	64	00:42:57.15	M60-64	00:42:57.15	1	Cal Coast Track Club
Steve	Notaro	Torrance	Male	64	00:43:39.669	M60-64	00:43:39.669	2	Club Ed Running
James	Shanks	Sun Valley	Male	61	00:45:36.19	M60-64	00:45:36.19	3	
Bert	Sandoval	Covina	Male	61	00:46:10.3	M60-64	00:46:10.3	4	Cal Coast Track Club
Kenneth	Lathrum	Redondo Beach	Male	69	01:04:25.419	M65-69	01:04:25.419	1	Club Ed Running
Susumu	Niimi	Manhattan Beach	Male	72	00:57:31.22	M70-74	00:57:31.22	1	
Allen	Warren	Newport Beach	Male	79	00:58:27.84	M75-79	00:58:27.84	1	Cal Coast Track Club