



Southern California Association USATF
2009 10K Championships
Dana Point Turkey Trot 10K
November 26, 2009

Overall Open Winners

Name	Location	Bib#	Time	Pace	Division – Place	Age Grade
Charlie Serrano	Simi Valley	3693	29:34	4:46	M 25-29/1 M-25	90.81%
Mary Akor	Hawthorne	1	34:33	5:34	F 30-34/0 F-33	88.22%

Overall Masters Winners

Sue Zihlmann	Long Beach	11707	39:11	6:19	F 45-49/1 F-45	83.57%
Dave Parsel	Costa Mesa	101887	34:51	5:37	M 50-54/1 M-54 25	91.05%

Male Division Awards

Andrew Shen	Cerritos	4012	37:40	6:04	M 01-15/1 M-15	76.98%
Bryce Wickersham	Redlands	4039	39:02	6:17	M 01-15/2 M-13	77.36%

Timothy Mines	Mission Viejo	3453	43:28	7:00	M 01-15/3 M-14	67.97%
Bryce Torres	Coto De Caza	3762	44:10	7:07	M 01-15/4 M-14	66.89%
Robert Freeman	Tustin	804	41:35	6:42	M 01-15/5 M-13	72.61%
Thien-Nam To	Cerritos	102511	34:12	5:31	M 16-19/1 M-18	81.23%
Nicholas Lopez	Hemet	1438	34:31	5:34	M 16-19/2 M-16	82.61%
Christian Howe	San Clemente	3242	40:32	6:32	M 16-19/3 M-16	70.34%
Jesse Morrill	San Diego	1719	31:04	5:00	M 20-24/1 M-22	86.53%
Jason Watanabe	Cerritos	2655	49:06	7:55	M 25-29/1 M-28	54.70%
Roosevelt Cook	Fresno	2996	31:35	5:05	M 30-34/1 M-30	85.27%
Trevor Cox	Lakewood	534	36:24	5:52	M 30-34/2 M-30	73.98%
Barry Givens	Irvine	4210	34:07	5:30	M 35-39/1 M-35	80.45%
Espen Kateraas	Aliso Viejo	4219	37:26	6:02	M 40-44/1 M-40	75.95%
Glen Urata	Garden Grove	3778	40:41	6:33	M 40-44/2 M-42	70.90%
Peter Algazi	Newport Beach	100058	44:23	7:09	M 40-44/3 M-41	64.50%

Andy Kumeda	Sierra Madre	3342	44:35	7:11	M 40-44/4 M-41	64.21%
Oliver Gallego	Arcadia	4218	37:16	6:00	M 45-49/3 M-	80.45%
John Araujo	Placentia	103883	36:54	5:57	M 50-54/1 M-51	83.88%
Leon Laub	Azusa	1356	41:26	6:41	M 50-54/2 M-52	75.30%
Sam Yourd	Dana Point	2776	43:52	7:04	M 50-54/3 M-54	72.33%
Perry Forrester	Topanga	794	37:31	6:03	M 55-59/1 M-57	86.76%
Nabor Gomez	Lakewood	18005	39:49	6:25	M 55-59/2 M-57	81.74%
Michael Berger	Beverly Hills	214	48:53	7:52	M 50-54/3 M-52	63.85%
Douglas Malewicki	Irvine	3405	53:07	8:33	M 70-74/2 M-70	69.08%

Female Division Awards

Name	Location	Bib#	Time	Pace	Division – Place	Age Grade
Carly Harris	CA	3940	35:04	5:39	F 20-24/1 F-22	86.63%
Kaitlin O'Sullivan	Simi Valley	4235	35:16	5:41	F 20-24/2 F-24	86.13%
Jenni Johnson	Tustin	101181	35:52	5:47	F 25-29/1 F-29	84.61%
Kelly Flathers	Huntington Beach	3100	36:42	5:55	F 35-39/1 F-38	76.27%
Grace Padilla	Los Angeles	3534	37:08	5:59	F 35-39/2 F-38	83.66%
Teresa Chung	Mission Viejo	461	44:47	7:13	F 35-39/3 F-39	69.77%
Heidi McCulley	Mission Viejo	3427	57:48	9:19	F 40-44/1 F-42	55.18%
Lydia Salinas	Los Angeles	3665	39:24	6:21	F 45-49/1 F-49	86.97%
Rosalva Bonilla	Big Bear City	2899	39:25	6:21	F 45-49/2 F-47	84.86%
Vickie Ford	Los Angeles	3111	47:54	7:43	F 45-49/3 F-48	70.66%
Phyllis Bradford	Los Angeles	3902	54:43	8:49	F 45-49/4 F-47	61.12%
Debbie Lee	Trabuco Canyon	1372	42:13	6:48	F 50-54/1 F-53	85.39%
Tracey Cox	Los Angeles	3005	53:27	8:37	F 55-59/2 F-55	69.21%