

**Southern California USATF
CROSS COUNTRY CHAMPIONSHIPS
Kenneth Hahn Park - November 15, 2008
Results**

Event 1 Men's 8K Championship (4 loops)

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Name                               Age Team                               Finals  Points
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Results - Open Men
  1 Livingston, Brian             Nike Team Run LA           24:21.66   1
  2 Rojas, Daniel                   Nike Team Run LA             24:26.39    2
  3 Tyhurst, Micah                   Mizuno Track Club            24:35.10
  4 Ramirez, Ruben                   Nike Team Run LA             25:03.26    3
  5 Magill, Peter                     Fluffy Bunnies              25:14.78    4
  6 Ibarra, Luis                     Nike Team Run LA             25:25.13    5
  7 Perez, Emilio                     29 Unattached                25:43.35
  8 Powers, Mike                     VS Athletics                 26:04.53
  9 Davis, Mike                       Track Club LA                26:09.21    6
 10 Granger, Sterling                 19 La Reconquista            26:13.32
 11 Buckhoff, Michael                 Fluffy Bunnies              26:20.91    7
 12 Patananan, Justin                 Nike Team Run LA            26:33.49    8
 13 Arceo, Gustavo                    24 Simi RC                    26:34.97    9
 14 Arsenault, Rob                    Fluffy Bunnies              26:36.31   10
 15 Gomez, Alexandro                  Snail's Pace                 26:37.56
 16 Olds, David                       Fluffy Bunnies              26:48.59   11
 17 Romero, Juan                      22 La Reconquista            27:05.86
 18 Ambos, Jeff                       Fluffy Bunnies              27:09.21   12
 19 Arsenault, Dan                    Fluffy Bunnies              27:12.69   13
 20 Romiez, Juan                      38 PC Rogue Runners         27:14.61
 21 Sigelakis, Jason                  19 La Reconquista            27:19.66
 22 Bowles, Eric                      22 Track Club LA             27:38.96   14
 23 Samano, Ismael                    21 La Reconquista            27:41.73
 24 Tinajero, Alejandro               31 Simi RC                    27:42.21   15
 25 Barba, Kevin                      Fluffy Bunnies              27:51.37   16
 26 Arias, Gabriel                    23 Snail's Pace                 28:11.96
 27 Tamstrof, Rasmus                  Track Club LA                28:23.52   17
 28 Givens, Barry                     34 Fleet Feet                 28:35.60
 29 Reisenfeld, Bruce                 Track Club LA                28:37.01   18
 30 Barajas, Jorge                    35 Simi RC                    28:51.89   19
 31 Whitson, Bert                     Track Club LA                29:20.21   20
 32 Baxter, Kevin                     36 Simi RC                    29:26.05   21
 33 Ojeda, David                      VS Athletics                 30:05.41
 34 Capalbo, Mark                     37 Unattached                 30:30.55
 35 Vollsteth, Todd                   47 Unattached                 30:36.00
 36 Prevendar, Nathan                 Track Club LA                31:07.55   22
 37 Aloma, Sergio                     42 Simi RC                    32:57.12   23
 38 Velasco, Efrain                   Track Club LA                34:05.64   24
 39 Velasco, Noel                     Track Club LA                34:32.11
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TEAM SCORES - Open Men

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  1 Nike Team Run LA             19   1   2   3   5   8
    Total Time:  2:05:49.93
    Average:     25:09.99
  2 Fluffy Bunnies Track Club    44   4   7  10  11  12  13  16
    Total Time:  2:12:09.80
    Average:     26:25.96
  3 Track Club LA                75   6  14  17  18  20  22  24
    Total Time:  2:20:08.91
    Average:     28:01.79
  4 Simi Valley Running Club     87   9  15  19  21  23
    Total Time:  2:25:32.24
    Average:     29:06.45
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Event 2 Women's 6K Championship (3 loops)

Name	Age Team	Finals	Points
Results - Open Women			
1 Marley, Tiffanie	Nike Team Run LA	21:37.75	
2 Alburez, Karla	Unattached	22:01.13	
3 D'Amico, Cambria	The Janes Elite	22:15.97	1
4 Leetch, Kristen	The Janes Elite	22:35.54	2
5 Schumm, Adrienne	The Janes Elite	22:37.14	3
6 Berger, Shawna	VS Athletics	22:46.06	
7 Bernsten-Heber, Sissel	The Janes Elite	22:49.54	4
8 Mann, Ali	Nike Team Run LA	23:04.88	
9 Dee, Jenna	The Janes Elite	23:08.82	5
10 Garcia, Claudia	The Janes Elite	23:21.32	6
11 Bolf, Christine	Nike Team Run LA	23:41.58	
12 Murphy, Kevyn Anne	The Janes Elite	23:45.36	7
13 Taylor, Kelle	The Janes Elite	23:54.50	
14 Tiamfook, Marissa	Track Club LA	27:02.14	
15 Landgreen, Laura	Track Club LA	28:29.69	

TEAM SCORES - Open Women

1 The Janes Elite Racing Team	15	1	2	3	4	5	6	7
Total Time:	1:53:27.01							
Average:	22:41.41							

Event 3 Masters Men's 6K Championship (3 loops)

Name	Age Team	Finals	Points
Results - Masters Men			
1 Pope, Brian	M46 Fleet Feet	19:58.51	1
2 Roman, Angel	M46 PC Rogue Runners	20:41.01	
3 Armbruster, Matthew	M45 Fleet Feet	20:58.31	2
4 Shaheed, Nolan	M59 Fleet Feet	21:05.79	3
5 Araujo, John	M50 PC Rogue Runners	21:52.81	
6 Forrester, Perry	M56 Team Runners High	22:04.57	
7 Duncanson, Rob	M53 Km3d Athletic Club	22:16.68	
8 Gomez, Nabor	M56 Team Runners High	22:28.03	
9 Kent, David	M46 Track Club LA	22:34.04	4
10 Juarez, George	M42 Snail's Pace	22:44.17	
11 Kunselman, David	M42 Fleet Feet	22:45.20	5
12 Paquette, Ron	M50 Track Club LA	22:46.60	6
13 Case, Tom	M51 Track Club LA	22:49.26	7
14 Tai, Frank	M53 Track Club LA	23:13.99	8
15 DeCollibus, Angelo	M51 PC Rogue Runners	23:29.74	
16 Cleary, Mark	M50 Fleet Feet	23:49.47	9
17 Landry, John	M46 Track Club LA	24:22.94	10
18 Goodman, Dean	M57 Track Club LA	25:30.43	11
19 Joness, Wayne	M46 Track Club LA	25:38.03	12
20 Petersen, Tim	M49 Track Club LA	28:22.25	13

TEAM SCORES - Masters Men

1 So Cal Fleet Feet	20	1	2	3	5	9		
Total Time:	1:48:46.90							
Average:	21:43.29							
2 Track Club LA	35	4	6	7	8	10	11	12
Total Time:	1:53:08.80							
Average:	22:19.56							

Event 3 Masters Women's 6K Championship (3 loops)

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Name                               Age Team                               Finals Points
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Results - Masters Women

1	Bonnilla, Rosalva	W46 Fleet Feet	23:45.02	1
2	Ramberg, Bari	W42 Track Club LA	25:25.22	2
3	Eng, Susanne	W41 Track Club LA	25:35.44	3
4	Lee, Debbie	W52 Fleet Feet	25:55.42	4
5	Salinas, Lydia	W48 Track Club LA	26:20.08	5
6	Fullove, Marianne	W52 Track West	27:04.48	
7	Rogers, Maria	W42 Track West	27:59.63	
8	Contreras, Patricia	W50 Fleet Feet	28:05.93	6
9	Aukstikalnis, Amy	W43 Track Club LA	28:57.36	7
10	Janneck, Denis	W54 Fleet Feet	30:48.22	8

TEAM SCORES - Masters Women

1 Track Club LA	10	2	3	5	7
Total Time:	1:17:20.74				
Average:	25:46.91				
2 So Cal Fleet Feet	11	1	4	6	8
Total Time:	1:18:46.37				
Average:	26:15.46				

Event 4 Open Women's 4K Short Course Race (2 loops)

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Name                               Age Team                               Finals Points
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Results - Women

1	Sheldon, Glennis	Unattached	19:18.59
2	Goldberg, Natania	Track West	19:44.41

Event 4 Open Men's 4K Short Course Race (2 loops)

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Name                               Age Team                               Finals Points
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Results - Men

1	Lopez, Jivanny	Unattached	14:11.99
2	Drisdorn, Dennis	VS Athletics	14:38.80
3	Giles, Edward	VS Athletics	14:57.05
4	Collins, Jon	VS Athletics	15:51.70
5	Jelks, Damian	Unattached	18:13.28
6	Davis, Jerry	Track West	18:43.39
7	Pullman, David	Track Club LA	19:16.59